

# About Us

In an effort to support ND educators, students and families with growing behavioral health needs, the B-HERO Technical Assistance Center was formed. This collaborative effort between CREA and the ND Department of Health and Human Services is designed to provide ND's 315 unique Behavioral Health Resource Coordinators access to resources, knowledge, and skill-building related to behavioral health risk factors, warning signs, and available resources within ND school communities.

At B-HERO, we provide technical assistance and share weekly messages to BHRCs filled with evidence-based content that addresses behavioral health topics that are most important to today's educators.



## B-HERO MESSAGING

### Training Tools to Support **B-HERO** SCHOOLS

B-HERO's Training Tools to Support Schools series features research- and evidence-based professional learning opportunities that can help ND schools meet behavioral health professional development requirements. When searching for meaningful professional learning opportunities— look no further!

### STUDENT-CENTERED Support **B-HERO**

ND schools are on a continuous journey to find programs and services that support behavioral health of students. B-HERO's Student-Centered Support series highlights evidence-based options that schools can explore and implement on their own.

### Tell Us Something **B-HERO** GOOD

B-HERO's Tell Us Something Good series highlights meaningful collaboration between schools and community organizations, centered around implementation of programs or services related to behavioral health. These partnerships have meaningful, tangible impacts on North Dakota students, families, and school communities— they're something really good!

## B-HERO's Just in TIME

There are many moments within the school year when school staff, students, parents, and families alike could all use some extra support. Just in Time! provides tips, tricks, and strategies tailored to those moments where a little additional care, patience, and/or relationship building matters most.



**Scan the code above to  
sample a few  
B-HERO resources.**

**Visit our website at  
[www.b-hero.org](http://www.b-hero.org)  
to find more!**