

SOURCES OF STRENGTH

NORTH DAKOTA 2016-2017 SCHOOL PREVENTION CAMPAIGN



TITLE IV WELL ROUNDED STUDENTS



ABOUT SOURCES OF STRENGTH

- ✓ An international wellness and strength-based program that uses peer leaders to change social norms and school climate.
- ✓ Is the most heavily researched peer leader program in the world.
- ✓ Is on SAMHSA's National Registry of Evidence Based Programs & Practices (NREPP), the highest prevention standard in the US.
- ✓ Spreads strength-based safe messaging through guided campaigns that focus on hope, help and strength; not sadness, shock or trauma.
- ✓ Meets state mandates for suicide prevention and mental health professional development.
- ✓ Meets state requirements for bully prevention.
- ✓ Fulfills 21st Century Learning Initiative for Communication, Creativity, Collaboration and Critical Thinking.
- ✓ Relationships, student-teacher connectedness and resiliency are also addressed.
- ✓ Complements Every Students Succeeds Act (ESSA) and ND AdvancEd accreditation process with built-in baseline surveys.
- ✓ Is free for the 2016-2017 school year through a suicide prevention grant from the ND Department of Health. The normal startup cost for a school is \$5,000.
- ✓ Sustaining annual costs are \$500 per school per year.
- ✓ Sustaining costs can be drawn from Title IV, fitting programs for well-rounded students.

Contact Cody Sletten at Sources of Strength or Lyndsi Engstrom at MDEC with any questions.
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