



Regional Community Resource Guide

Addiction Treatment, Medication, Psychological Testing & Therapy Providers

Agency	Address	Phone	Services
	All locations are in Minot, unless otherwise noted		Services & providers subject to change without notice
ADAPT	2001 8 th Avenue SE, Suite A http://adaptincnd.com/minot-office/	701-858-9026	Parenting classes, Grief Groups, Domestic Violence & Addiction Services
Ashley Thiel, DNP, PMHNP-BC	24 Main Street North, Suite I thielpmhndnp@gmail.com	701-389-8736	Psychiatric evaluations & medication management for all ages.
Bob Hayes Addiction Services	1809 South Broadway, Suite G	701-838-1422	Addiction Services
Bohannon Professional Counseling Maggie Bohannon, MS, LPCC	24 North Main Street, Suite E	701-380-8440	Therapy (ages 18+)
Bright Path Pediatric Therapy • Sommer Mosser MS, OTR/L	600 22 nd Avenue NW, Suite 2 sommer.brightpath@gmail.com	701-721-1200	Occupational Therapy. Also located in the suite: Colleen Hermanson, Speech Language Therapy
Cheryl Vaudt, LICSW	600 22 nd Ave NW, Ste U2 https://www.cherylvaudt.com	701-858-1756	Therapy (EMDR)
Child & Adolescent Psychological Services • Dr. Stacy Slaughter, PsyD Clinical Psychologist	1809 South Broadway, Suite Z	701-721-0480 701-838-3576 (Fax)	Treatment of emotional, behavioral & mental health disorders in children, adolescents & families. Therapies: CBT, TF-CBT, Play, Behavioral, Supportive & Person Centered
Community Medical Services	300 30 th Avenue NW, Suite D http://communitymedicalservices.org	701-858-1801	Addiction Treatment – Outpatient Services Methadone Treatment Center
Cornerstone	1705 4 th Avenue NW http://www.eatonandassoc.com/cornerstone-addiction-services	701-839-0474	Anger Management & Addiction Services
CAPH – Child & Adolescent Partial Hospitalization (Trinity)	420 3 rd Street SE http://www.trinityhealth.org/behavioralhealth_svs	701-857-2717	Day treatment for youth w/serious emotional & behavioral issues. Monday-Friday for 4-6 weeks.
Dakota Family Services • Dr. Martinsen, MD, MSW Psychiatrist • Dr. Meryl Willert, Ph.D. Psychologist • Tammy Uleberg, FNP • Christie Wilkie, LICSW • Christina Hemmer, LPCC • Kelly Readell, LPCC, LAC	6301 19 th Avenue NW http://dakotafamilyservices.org	701-837-6508	Therapy, Medication & Psychological Evaluations (including TOVA testing)
Dr. Dionne L Spooner, LCSW	10 3 RD Ave SW, Suite 206	701-721-8978	Therapy, TF-CBT, PE (Prolonged Exposure) therapy, CBT and DBT
Dr. L Mark Bell • Mark Bell, Psychiatrist • Zane Zulegar, CNS	601 18 th Avenue SE	701-852-8798	Medication management
Eaton and Associates • Timothy Eaton, PhD Clinical Psychologist • Dr. Deon Mehring, PhD Clinical Psychologist • Mary Solberg, LCSW Therapist • Melissa Flood, LCSW Therapist	1705 4 th Avenue NW http://www.eatonandassoc.com	701-839-0474	Therapy, Medication, Psychological Evaluation, ADHD Testing and Addiction Counseling

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<ul style="list-style-type: none"> Linda Berdahl, M.S, LAC Addiction Counselor 			
Goodman Addiction Services	1809 South Broadway, Suite S	701-839-0474	Addiction Services *Open Access M-TH 8-10am
Heather Kippen, LCSW	600 22 nd Ave NW, Suite U2	701-839-3909	Therapy (Trauma trained)
Laura Siercks, LCSW	1809 South Broadway, Suite Z https://laurasierckslcsw.com/	701-263-1298	Therapy
Leah Hanson, PMHNP, BC	24 Main Street North, Suite I hansonpmhnp@gmail.com	701-500-7599	Psychiatric evaluations and medication management for children, adolescents and adults
Lutheran Social Services	1905 2 nd Street SE, Suite 1B http://www.lssnd.org/	701-838-7800	Gamblers choice, Adoption option & pregnancy counseling, In home family based therapy, Child care aware referrals, Domestic Violence group for offenders
Minot Center for Pediatric Therapy	2201 36 th Avenue SW, Suite B www.minotcpt.com	701-837-9801	Occupational Therapy (OT), Speech Therapy
<p>North Central Human Service Center (NCHSC) <u>Therapy</u></p> <ul style="list-style-type: none"> John Butgereit, Supervisor Joni Heine Virginia Dohms Stacey Berger Jennifer Lusinger Sandy Richter Lecia Lintvelt <p><u>Psych Evals</u></p> <ul style="list-style-type: none"> Paulette Aasen <p><u>Medications</u></p> <ul style="list-style-type: none"> Dr. Thomas Eick Dr. Jallen Patty Moos <p><u>Partnership Staff</u></p> <ul style="list-style-type: none"> Shannon Ostrom, Supervisor Katie Bachar Kayla Beck Brittany Blada Annika Drouin <p><u>TIP (Transition to Independence Program) Staff</u></p> <ul style="list-style-type: none"> Heather Erickson-Wold, Supervisor Brittany Blada 	<p>1015 South Broadway, Suite 18 http://www.nd.gov/dhs/locations/regionalhsc/northcentral/</p> <p>NCHSC Open Access Clinic (<u>In order to get an initial appointment for Therapy or Addiction Services, a person must first come in through the open access clinic.</u>) Monday – Thursday from 8-10:30</p>	<p>701-857-8500 This # is also used for 24 hour Mental Health Assistance</p>	<p>Therapy, Medication, Psychological Testing, Addiction Treatment (day treatment & individual services), Development Disabilities Program Management, SMI (serious mental illness) Case Management, Partnership Program, TIP (Transition to Independence Program), Aging Services, Kay's Place <u>Groups</u></p> <ul style="list-style-type: none"> STARS – Skills to Achieve Regulation & Success CBT – Cognitive Behavioral Therapy DBT – Dialectical Behavioral Therapy SPARCS – Structured Psychotherapy for Adolescents Responding to Chronic Stress Turning Points – Nonviolence Curriculum for Women <p>**Sliding fee scale**</p>
<p>Northern Plains Children's Advocacy Center</p> <ul style="list-style-type: none"> Christal Halseth, LCSW Heather Waller, LSW, family advocate Tricia Baldwin, LCSW Rochelle Nyberg, MS, LCSW 	<p>20 1st Street SW, Suite #202 http://www.northernplainscac.org</p>	701-852-0836	Forensic Interviewing, Family Advocacy, Therapy, and Medical Referrals
<p>Northland Health Center</p> <ul style="list-style-type: none"> Laura Larson, MS, LPCC Missy Gartner, MS, LPCC Jenny Hills, LCSW Karen Berg, LCSW Alicia Cebulak, PMH-NP 	<p>1600 2nd Avenue SW, Suite 19 http://www.northlandchc.org</p>	701-852-4600	Therapy and Medication **Sliding fee scale**

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Pam Walls, PMH-CNS	600 22 nd Ave NW, Suite U2	701-721-5143	Psychiatric evaluations and medication management for adults
PATH	1425 21 st Avenue NW, Suite A https://www.pathinc.org/	701-839-8887	Treatment foster care, Family Support Program, Transition and Assessment Program (TAP), Adults Adopting Special Kids (AASK)
Pathfinders Services of ND	1015 S Broadway #16 pathfinder-nd.org/	701-837-7500	Helps parents build relationships with those who provide services to their children. Connects families to community resources. Educates parents on their rights and how to use those rights to become involved in their child's education. Empowers parents and young adults so they may advocate for their own needs. Provide information and resources to educators who support children with disabilities.
Dr. Podrygula, Phd	600 22 nd Avenue NW	701-852-9113	Therapy (Adults)
Pospishil and Associates • Charles Pospishil, LCSW • Erin Thuner, LCSW • Brenna Thompson, LCSW	1425 21 st Avenue NW, Suite C (Erin & Charles) 600 22 nd Avenue NW, Suite 2 (Brenna)	701-858-0888 (Charles & Erin) 701-818-7727 (Brenna)	Individual & Family Therapy (All ages)
Prairie Therapy • Kelly Drevecky • Kaela English	3120 4 th Avenue NW www.prairietherapy.com	701-839-1311	Occupational Therapy (OT) & Physical Therapy (PT) Pediatric outpatient clinic that works extensively with Autism Spectrum, Sensory Processing, Developmental Intervention, Neurodevelopmental Technique, Feeding, & other functional skills development.
Premiere Physical Therapy	1715 South Broadway http://premierphysicaltherapynd.com/	701-837-8441	Occupational Therapy (OT) & Physical Therapy (PT)
Psychological Services PC	600 22 nd Avenue NW	701-852-9113	Therapy, Psychological Evaluations
Red Door Pediatric Therapy	601 18 th Avenue SE, Suite #201	701-852-4230	Occupational Therapy (OT), Speech & Language Therapy. Ages 18 months-16 years
Serenity Health Solutions • April Warren, NP-C • Lacey Corneliusen, LCSW	315 Main Street South, Suite 315	701-838-1558	Medication, individual & family therapy
Summit Counseling Services	408 1st Ave NE, Mohall, ND 58104 https://summitcounselingservices.org	701-334-6242	Therapy provided for: children, adolescent, adult, couples, and families
Tammy Ness, LCSW	24 North Main Street	701-839-0151	Therapy
The Burckhard Clinic	315 Main Street South, Suite 315	701-852-5876	Therapy
Tom Clark PhD, MFT	2116 4 th Avenue NW	701-838-2442	Therapy, Psychological Evaluations
Trinity Addiction Services	407 3 rd Street SE http://www.trinityhealth.org/behavioralhealth_svs	701-857-2480	Addiction Services
Trinity Health - Occupational Therapy	101 3 rd Avenue SW, Health Center West http://trinityhealth.org/therapy_occ	701-857-5286	Occupational Therapy (OT)
Trinity Riverside Therapists • Bruce Andersen (Ages 14+) • Denise Roerick (Ages 18+) • Denice Wanner (Ages 12 & under) • Jean Frueh (ages 18+) • Jeanne LeMay (Ages 5-65) • Lea Johnson (Ages 11+) • Leigh Marshall (Ages 14+) • Liz Larsen (Ages 5+) Psychologists • Dr. Shana Guilbert (Age 2-18)	1900 8 th Avenue SE http://trinityhealth.org/behavioralhealth	701-857-5998 Main Desk 701-857-3069 Sonya Andersen, Intake Coordinator	Therapy, Psychological Evaluations, Medication, Parenting classes & Social Skills Groups

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<ul style="list-style-type: none"> • Dr. Robyn Hardie (Ages 18+) • Dr. Theresa Magelky (Ages 18+) <p><u>Medication Providers</u></p> <ul style="list-style-type: none"> • Dr. Nard (18+) • Dr. Kenneth Osiezagha (18+) • Kiley Andreas (Ages 18+) • Dr. Mike Dallolio (Ages 18+) • Roxann Brown, FNP (18+) • Sue Dugan, CNS (Ages 18+) • Tonya Anderson, FNP-C (all ages) 			
<p>Village Family Service Center</p> <ul style="list-style-type: none"> • Chasity Davidson, MSW, LCSW • La Donna Schreiber, MSW, LCSW • Steph Cummins, MS, LPC • Mallory Schaefer, LMFT 	<p>20 1st Street SW, Suite #250</p> <p>https://www.thevillagefamily.org/home</p>	701-852-3328	In-home Family Therapy, Counseling, Family Group Decision Making and Supervised Parenting Time & Child Exchange (see community services section for more info)

Community Services

Catholic Family Services	216 South Broadway, Suite 103 – http://www.catholiccharitiesnd.org	701-852-2854	Pregnancy, Parenting & Adopting Program, Counseling, Guardianship, Disaster Response
Community Action	2020 8 th Avenue SE – www.capnd.org	701-839-7221	<p><u>Self Sufficiency</u> Self-Reliance, Rep Payee, Budgeting, Shelter Plus Care, ND Cares, Emergency Prescription Assistance, Income Tax Assistance, Individual Development Account (matching funds to help pay for college, start a new business, or 1st time home purchase - \$2:\$1 match – income restrictions apply)</p> <p><u>Housing Programs</u> Housing Counseling, Rent & Mortgage Assistance, Home Rehabilitation, Security Deposit Assistance</p> <p><u>Emergency Programs</u> Energy Share, Food Pantries, Supportive Services for Veteran Families, Holiday Activities, Weatherization, Emergency Furnace & Water Heater Repair/ Replacement</p>
Companions for Children	308 2 nd Avenue SW – www.cfcminot.org	701-838-5784	Youth Mentoring Program
Dakota Hope Clinic	315 Main Street S, Suite 205 http://www.dakotahope.org/	701-852-4673	Pregnancy medical services (including pregnancy testing & limited ultrasound exams), counseling & education regarding pregnancy & parenting options, prenatal care, parenting & sexual integrity classes, programs to help earn diapers & other necessities. Hotline for pregnancy or sexual health issues.
Developmental Disabilities Regional Office	North Central Human Service Center 1015 S Broadway Suite #18	701-857-8500 701-857-8555 (fax) 701-857-8666 (TTY) 888-470-6968 (Toll Free)	Developmental Disabilities services provide support and training to individuals & families in order to maximize community & family inclusion, independence, & self-sufficiency; to prevent institutionalization; & to enable institutionalized individuals to return to the community. Contact Toni Candrian for new referrals.

Division of Juvenile Services (DJS) • Sydney Hove 857-7720 • Patsy Rieke 857-7688 • Tanya Howell 857-7691	1425 21 st Avenue NW, Suite B http://www.nd.gov/docr/juvenile/Community%20Services/offices/ncdjs.html	701-857-7688	Dept of Corrections DJS North Central Division
Domestic Violence Crisis Center (DVCC)	3900 11 th Avenue SE http://www.courage4change.org	701-852-2258 Rape Crisis Line 857-2500 24 hour DV Crisis Line 701-857-2200	Safe home, Advocacy & assistance with obtaining a protection order, Transitional Living Program, Crisis Counseling, Information & Referrals Groups: • Children's Support Group (Ages 4-17) – Thursdays 5-6pm • Sexual Assault Survivors' Group – Mondays 4-5:30pm • Support group for women who have experienced Domestic Violence – Tuesdays (2 groups) 10am-12pm & 6-8pm
First District Health Unit	801 11 th Avenue SW – www.fdu.org	701-852-1376	STD Testing, Family Planning, High Priority Infants, Immunizations, Health Tracks, Optimal Pregnancy Outcome Program, School Health, Tobacco Prevention, WIC
First Link	P.O. Box 477, Fargo, ND 58107-0447 http://myfirstlink.org/	211 24 hour helpline	FirstLink assists people to identify, access & make effective use of community & volunteer resources 24 hours a day.
Independence Inc.	2000 East Burdick Expressway, Suite C http://independencecil.org/	701-839-4724	Independence Inc. is a resource center for independent living. They provide services to maximize the independence of individuals with disabilities.
Lutheran Social Services	1905 2 nd Street SE, Suite #1B http://www.lssnd.org/	701-838-7800	Gamblers choice, Senior companion program, Adoption option & pregnancy counseling, Attendant care, In home family based therapy, Child care aware referrals, Violence free program
Men's Winter Refuge	1112 43 rd Street SE http://www.menswinterrefuge.com	701-822-2585	Homeless Shelter for Men – must meet requirements (Nov-April only, from 7:30pm-7am)
Minot Homeless Coalition	105 1 st Street SE http://minotareahomelesscoalition.com	701-852-6300	Rent or Deposit Assistance, Utility Assistance, Transportation Assistance, Medication Assistance, Identification Assistance, Emergency shelter assistance on rare occasions (they do NOT have a shelter)
Minot Infant Development	Minot State University 500 University Ave. W Minot, ND 58707 http://www.ndcpd.org/midp/	701-858-3054 701-858-3483 (fax) 800-233-1737	The Minot Infant Development Program serves infants & children, birth-3yrs, who have or are suspected to have a developmental delay in the areas of learning, speech and language, audiology, fine and gross motor skills, nutrition, or social development. There is no cost to the family for any services offered. The program serves children residing in Bottineau, Burke, McHenry, Mountrail, Pierce, Renville, and Ward counties. Services offered in the areas of evaluation, consultation and parent training. For more information contact Dianne Bossert, Program Director Dianne.bossert@minotstateu.edu
Northland Health Centers	1600 2 nd Avenue SW, Suite #19 http://www.northlandchc.org	701-852-4600	Dental, medical and mental health services **Sliding fee scale**

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Parent & Family Resource Center Region 2	Ward County Extension Service Admin Building, Suite 123 225 3 rd Street SE https://www.ag.ndsu.edu/wardcountyextension/parent-resource-center	701-857-6444	The Parent & Family Resource Center helps families parent young or not-so-young children, recover from a divorce or separation, or cope with day to day challenges family life may bring. They offer resources & parenting classes to citizens of Bottineau, Burke, McHenry, Mountrail, Pierce, Renville and Ward Counties.
Salvation Army	315 Western Avenue http://salvationarmynorth.org/community/minot/	701-838-8925	Food pantry, Rent & Utilities assistance, Transportation assistance, Prescription assistance, Clothing vouchers, Back to school backpacks with school supplies, Winter coats, Thanksgiving food baskets, Christmas food baskets and toys, Men's & Women's ministries and Youth ministries
St. Vincent De' Paul	Located in St. Leo's Church 218 1 st Street SE http://svdpminot.com/	701-833-1269	<ul style="list-style-type: none"> • Food, rent, utilities and other basic needs. • Transportation, including bus vouchers • Emergency Food Pantry
Suicide Prevention Line	http://www.ndhealth.gov/suicideprevention	800-273-8255	After a suicide toolkit: http://www.sprc.org/sites/default/files/migrate/library/AfteraSuicideToolkitforSchools.pdf
Trinity St Joseph – 3C	407 3 rd Street SE http://www.trinityhealth.org/behavioralhealth_svs	701-857-2360	Inpatient Psychiatric Hospital, 3 rd floor
Village Family Service Center	20 1 st Street SW, Suite #250 https://www.thevillagefamily.org/home	701-852-3328	Therapy, Intensive In Home Therapy, Safe Exchange and Visitation Center
Ward County Juvenile Court • Scott Hopwood – Director • Kristi Chole – Supervisor • Sean Anderson – Court Officer • Bill McGrath – Court Officer • Valerie Potter – Drug Court Coordinator	225 3 rd Street SE – in the Ward County Court House	701-857-6650	Juvenile Court and Probation Fax #: 857-6664
Ward County Social Services	225 3 rd Street SE Connected to the Ward County Court House http://www.co.ward.nd.us/215/Social-Services	701-852-3552	Economic Assistance (TANF, SNAP & Heating Assist.) Child Protective Services (Questions about if you should report something? Call 852-3552 & ask for CPS intake worker. Fax 960s to: 701-857-0763) Foster Care, In-home services
WIC Program	801 11 th Avenue SW http://www.fdu.org/cgi-bin/programs.pl?display&pid=67	701-852-1376	Located at First District Health Unit
YWCA • Meghan VonBehren, Director • Ashley Boyd, Case Manager	205 3 rd Avenue SE http://www.ywcaminot.org	701-838-1812	Women's shelter for women and children (boys under age 11). Several apartments for rent also.

Food and Clothing Pantries

Agency	Address	Phone	Services Verify services offered by contacting provider, as they are subject to change without notice.
Glenburn Food Pantry	Glenburn	263-5620	Food Pantry <ul style="list-style-type: none"> • 4th Thursday of the month, 4-5pm Contact person – Jody Spokley
Kenmare Food Pantry	49303 Highway 52 N, Kenmare (West entrance of Creative Industries)	385-4528	Food Pantry <ul style="list-style-type: none"> • 2nd Monday of the month, 11am Contact person - Jane
Our Lady of Grace Church Food Pantry	715 16 th Avenue SW, Minot	852-3002	Food Pantry (sign up at Community Action) <ul style="list-style-type: none"> • Mon, Tues, Thu & Fri 1-4pm
Peace Lutheran Church Food Pantry	521 Davis Street, Burlington	852-3880	Food Pantry <ul style="list-style-type: none"> • First Monday of the month 7-8pm
Salvation Army	315 Western Avenue, Minot http://salvationarmynorth.org/community/minot/	838-8925	Food and clothing pantry <ul style="list-style-type: none"> • Monday – Friday 10am-Noon & 1-3pm
The Lord's Cupboard	1525 W Burdick Expressway, Minot http://www.thewelcometableminot.org/food-pantry.html	839-1990	Food Pantry serving Ward County Residents <ul style="list-style-type: none"> • Monday 10am-1pm • Wednesday 1-4pm • Friday 2-5pm
Velva Food Pantry	Oak Valley Lutheran Church 400 North Main Street, Velva http://velvand.com/?p=1463	500-9877	Contact Whitney Open the last Tuesday of the month at 6pm.

Soup Kitchens

Sunday 11:30am - 12:30pm	Seventh Day Adventist	10 17 th Avenue SW
Monday 11:00am - 12:30pm	Faith United Methodist serving at Congregational United Church	430 North Broadway
Tuesday 11:00am – 12:30pm	Christ Lutheran Church	502 17 th Street NW
Wednesday 11:30am – 12:30	Immanuel Baptist Church	1615 2 nd Street SE

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Wednesday 5:00 – 6:30pm	First Presbyterian Church	1000 3 rd Street NE
Thursday 11:30am – 12:30pm	All Saints Episcopal Church	301 South Main Street
Friday 11:30am – 12:30pm	First Lutheran Church	120 5 th Avenue NW
Saturday 9:30am – 10:30am	Congregational United Church	430 North Broadway